



COMMUNITY RESOURCE GUIDE

A COMMUNITY EFFORT TO ELIMINATE THE
HOPELESSNESS THAT LEADS TO SUICIDE IN THE
LGBTQIA2S+ COMMUNITY.

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Collective Hope Coalition member organizations are bolded.

ABOUT THE COLLECTIVE HOPE COALITION



The Collective Hope Coalition (CHC) is an initiative of Dallas Hope Charities, a nonprofit organization founded to instill dignity and hope for all. Launched in 2020, the goal of CHC is to work with local community members to end hopelessness and eliminate risk factors associated with LGBTQ+ suicide rates

- which are disproportionately higher than non LGBTQ+ rates.

Through the distribution of this Community Resource Guide, we hope that our North Texas area LGBTQ+ siblings are able to connect themselves to free or low cost LGBTQ+ affirming services in the immediate area. By fulfilling basic needs, mental and medical health needs, and other significant needs we hope that we can begin guiding our LGBTQ+ siblings towards hope. For this reason, we highly encourage that you distribute this document amongst your clients, social circle, or other spaces where you feel this information may be most beneficial. We recommend that the Resource Guide is read all the way through, as some resources may overlap in areas of care. Additional community resources can be found on the Dallas Hope Charities website (dallashopecharities.org/resources).

The CHC Community Resource Guide is just one of many campaigns that we have executed as a Coalition. If you would like more information about how you can get involved with our work, have questions about the guide, or if you know someone who may in need of assistance please contact us using the information below.



chc@dallashopecharities.org



dallashopecharities.org/chc



(469) 494-8523

MEDICAL



ABOUNDING PROSPERITY, INC.

Abounding Prosperity provides services that address health, social, and economic disparities among Black Americans - with a particular emphasis on gay and bisexual men, cisgender women, transgender women, and their families. Programs offered by Abounding Prosperity include: Abounding Prosperity, Organization; H.O.P.E. Health Center; Transparency Health Center at H.O.P.E.; the Transparency Program for Black and Latinx women; TogetHer Program for Black women, and DASPOT Youth Drop-In Center for YMSM and trans youth ages 15-29. aboundingprosperity.org



ACCESS INFORMATION NETWORK

Access Information Network (AIN) works to prevent the spread of HIV and serves persons living with HIV/AIDS and other vulnerable populations. AIN provides transportation such as bus passes, van trips, and/or Lyft rides to get clients to their appointments. Meals including hot breakfast and lunch to keep you full and healthy. Case Managers who work to connect you to services such as medical care, housing, food, transportation, counseling, and more. Spanish, German, French, and Arabic language interpretation and translation for clients and caregivers. Full medical care is available through the AHF Clinic and Pharmacy at AIN. aindallas.org



AIDS HEALTHCARE FOUNDATION*

AIDS Healthcare Foundation (AHF) is a global nonprofit organization providing cutting-edge medicine and advocacy regardless of ability to pay. In the DFW Area AHF has 3 Healthcare Centers, 4 Pharmacies and 1 Wellness Center. Patients are also provided with access to Rapid HIV Testing, STD Testing, HIV treatment, PrEP, and PEP. AHF Pharmacy is a not-for-profit healthcare provider and 96 cents of earnings go back into providing services to patients and the communities being serve. ahfpharmacy.org.



ASP CARES

ASP Cares is a community pharmacy dedicated to improving patient health. This is done by providing patients with education, assistance with finding a provider, and processing prescriptions with the lowest out-of-pocket costs available. Other services include: free home delivery, prior-authorization and re-authorization support, side effect management, patient monitoring, refill reminders, maintenance medication, treatment education, and training for self-injectable medication. aspcares.com



AVITA PHARMACY

As a national pharmacy services organization, Avita is passionate about helping patients unlock a healthier life through individually focused care. In addition to being a full-service pharmacy, our team has deep expertise in HIV, PrEP, STI, LGBTQ+, and gender-affirming care. We understand and know how to address the needs of communities who are more often affected by complex health conditions. With Avita, you get the compassionate care you deserve. avitapharmacy.com



CENTER FOR HEALTH EMPOWERMENT

Center for Health Empowerment (CHE) is a nonprofit sexual health clinic that provides HIV prevention services, including: PrEP & PEP, HIV testing & care for people living with HIV, and STI testing & treatment to our community at little to no cost. CHE specializes in providing care to LGBTQIA2+ people of color and other marginalized communities. Clinics are located in both Austin and Dallas and offer convenient telehealth services across Texas. Visit online to book an appointment. checlinic.org



THE MAGDALEN HOUSE

The Magdalen House is a no cost recovery community in Dallas dedicated to helping women achieve sobriety and sustain recovery from alcoholism based on 12-step spiritual principles. magdalenhouse.org



PARKLAND COMMUNITY HEALTH PLAN

Parkland Community Health Plan offers high-quality, low-cost care to Dallas County residents who do not have private health insurance. Members have access to reliable care and can improve their overall health with services such as: health & nutrition education, early childhood intervention program, free medical transportation services and more. parklandhealthplan.com



PLANNED PARENTHOOD

Planned Parenthood is a nonprofit organization that delivers vital reproductive health care, sex education, and information to millions of people worldwide. Services include: birth control and contraception, abortion services, HIV services, general health care, hormone replacement therapy, and more. plannedparenthood.org



PRISM HEALTH NORTH TEXAS*

Prism Health North Texas provides high quality HIV and sexual health services in a non-judgmental and affirming environment. Prism Health has health centers located in Oak Lawn, Oak Cliff, and South Dallas. Services offered include: case management, transgender primary care, PrEP, STI testing and treatment, HIV primary care, telehealth and telepsychiatry, and more. phntx.org



RESOURCE CENTER

Resource Center pursues societal equity by proudly offering LGBTQIA+ (lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, plus) affirming resources designed to improve health and wellness, strengthen families and communities, and provide transformative education and advocacy.

Resource Center offers a variety of community programs and services that cater to the needs of the LGBTQIA+ community and all people that are living with HIV. Services include; FREE HIV testing, low-cost STI testing and treatment, Gender Affirming Healthcare, Primary Care, Mental Health Counseling, Community programs for LGBTQ youth and adults, Food Pantry, Caseworkers, HIV treatment, Advocacy against Anti-LGBTQ legislation and much more. myresourcecenter.org

MENTAL HEALTH



LEGACY CARES

Legacy Cares provides quality mental healthcare, substance abuse treatment, housing services, and education to people who are impacted by HIV/AIDS.

Legacy offers the following programs:

- Counseling (individuals/couples/groups)
- Intensive Outpatient Program, Supportive Outpatient Program, and Aftercare Program
- Legacy Founders Cottage (Hospice/Respite Care)
- Homebase for Housing (homebaseforhousing.org)
- Master Leasing Apartments
- Grace Project National Conference (2021 Conference will be held November 12-14)
- Spanish speaking services including individuals and couples counseling

legacycares.org



MENTAL HEALTH AMERICA OF GREATER DALLAS*

MHA is a non-profit organization working to promote mental wellness through community education and policy advocacy. In addition to efforts to supply information, education and advocacy related to mental health issues, MHA also provides preventive programs designed to equip high-risk populations with information and skills to combat stress and adversity.

MHA strives to provide support to the community through:

- WHO© Program
- Adolescent Symposium
- Free Online Screening Tools
- Mental Health First Aid Training
- Community Education
- Public Policy and Advocacy
- Free Peer Support Groups

mhadallas.org



ONLINE THERAPY

OnlineTherapy.com is an international online therapy directory connecting people with therapists worldwide. Their organization conducts research and consults with professionals to create free informational resources to ensure people know what helpful and life-saving resources and tools are available to them.

OnlineTherapy.com also provides a list of therapy support services available for members of the LGBTQ+ community (onlinetherapy.com/resources-for-LGBTQ/). This guide also provides links to resources that can help navigate the coming-out process, strengthening relationships, and learning how to be true to yourself as an LGBTQ+ individual. onlinetherapy.com



OPEN PATH PSYCHOTHERAPY COLLECTIVE

Open Path Psychotherapy Collective is a non-profit nationwide network of mental health professionals dedicated to providing in-office and online mental health care—at a steeply reduced rate—to individuals, couples, children, and families in need. Open Path serves clients who lack health insurance or whose health insurance doesn't provide adequate mental health benefits and cannot afford current market rates for therapy (between \$80-200 a session). Their therapy locator tool allows prospective patients to find therapists who provide race, language, and LGBTQ2IA+ affirming care.

openpathcollective.org



SUICIDE AND CRISIS CENTER OF NORTH TEXAS

Suicide and Crisis Center of North Texas helps those in crisis, especially suicidal crisis, find hope for the future. Services include: 24-hour crisis hotline (found on the last page), crisis debriefing services, crisis intervention training, survivors support services, and community education services. sccenter.org



YOUARELOVED*

YouAreLoved is a non-profit mental health organization dedicated to spreading awareness, breaking the stigma, presenting hope and being a beacon of love to all people living with mental health conditions. YouAreLoved specializes in support groups and sponsoring mental health treatments for those in need. YouAreLovedLife.com

FOOD



CITY SQUARE

CitySquare's mission is to fight the causes and effects of poverty through service, advocacy, and friendship. Together CitySquare and members of the North Texas community feeds the hungry, heals the sick, houses the homeless, and renews hope in the heart of our city. citysquare.org



HOPE ON THE MOVE*

Hope on the Move meets people struggling with food insecurity at their point of need. Hot meals, groceries, Worthy Bags, and other items are distributed throughout North Texas directly from the Hope on the Move food truck. Current serving sites include: 1716 Chattanooga Pl (every 2nd and last Monday, 12:30PM - 4:00PM), 3014 Oak Lawn Ave (Tuesdays, 11:30AM - 1:00PM), and 4722 Meadow St (Wednesdays, 10:00AM - 12:00PM). Visit the Dallas Hope Charities website for the most up to date serving site information. dallashopecharities.org



MISSION OAK CLIFF

Mission Oak Cliff serves individuals and families living in 75203, 75208, 75211, 75216, & 75224 ZIP code areas. Please provide your ID and proof of address to receive assistance. Services provided by Mission Oak Cliff include: Food Assistance, Food Delivery, Clothing Assistance, Welcome Center, ESL Classes, and Counseling Center. missionoakcliff.org



NORTH TEXAS FOOD BANK

The North Texas Food Bank (NTFB) is a nonprofit hunger relief organization that distributes food through a network of more than 200 partner agencies in 13 counties. NTFB also provides resources to help individuals combat food insecurity, including: a Find Food locator tool, SNAP registration assistance, and nutrition services - all of which can be found on their website. ntfb.org



OAK LAWN UNITED METHODIST CHURCH

Oak Lawn UMC is a hub of transformative Christian Community that is inclusive, expansive, and entrepreneurial. Please note that you do NOT have to be affiliated with the church to access community resources. Community services include:

Community Meals: Please note that the below times may change, the church will then serve lunch and not dinner. This information is something that is posted on the Oak Lawn UMC door two weeks in advance:

Sunday's: 4:00 pm – 5:00 pm

Tuesday's: 11:30 am – 1:00 pm

Wednesday's: 11:30 am – 1:00 pm

Thursday's: 11:30 am – 1:00 pm

Clothing Closet: Available the 1st Tuesday of each month from 10:00 am – 2:00 pm

Food Pantry: Typically reserved for Tuesday's only between 10:00 am – 2:00 pm, but may be able to assist in an emergency situation

Overnight Shelter: Please note this is not a traditional shelter. Oak Lawn opens its doors for overnight emergency shelter when the temperature is predicted to be 32 degrees or below between the hours of 8:00 pm and 6:00 am for 3 or more consecutive hours. Beds are provided on a first come first served basis and all individuals have to be here in person to register. The call will typically be made about opening by 10:00 am the morning of. olumc.org

HOUSING



DALLAS HOPE CENTER*

Dallas Hope Center is a transitional living center that provides safe shelter, medical services, life skills and more to LGBTQ+ youth between the ages of 18 and 24 in North Texas. During their year-long stay at the Center, residents work to achieve goals they are proud to accomplish so that they can live independently. dallashopecharities.org



FAMILY GATEWAY

Family Gateway provides stability and life-changing supportive services to children and families affected by homelessness. Family Gateway is the only emergency shelter in Dallas that serves all types of families, so that they can stay together and successfully overcome homelessness. When all agency shelters are full, families are provided with a hotel room until they can get housed. Other services include: assessment and diversion, emergency shelter, supportive housing, case management, and education programming. familygateway.org



OUR FRIENDS PLACE

Our Friends Place is helping young women break generational cycles of abuse, neglect, poverty and homelessness through the Transitional Living Center (TLC) Program and the SOAR to Success Education and Prevention Program. Not only is there housing for young women 18-24 years old, Our Friends Place also partners with other agencies, organizations, school systems, and after school programs to help young people learn skills and resources that will help them to build successful and stable lives. ourfriendsplace.org



PROMISE HOUSE

Promise House is an organization that provides crisis intervention; transitional housing; pregnant and parenting teen services; counseling; education and outreach to homeless, neglected, abused and at risk youth up to age 24. Recognizing that each youth's struggles result from deep-rooted trauma, Promise House works to set them on a path toward healing. promisehouse.org

YOUTH & FAMILY



**Big Brothers
Big Sisters**

BIG BROTHERS BIG SISTERS LONE STAR*

Big Brothers Big Sisters leverages one-to-one mentoring relationships to help at-risk youth--including LGBTQIA teens--increase their social-emotional competence, academic success, and ability to avoid risky behaviors. BBBS also provides quality community service opportunities for LGBT and ally adults, broadening the community's impact across North Texas. Youth are enrolled between the ages of 6 and 16. Once matched, youth may remain in the program with their mentor up to age 21. Big Brothers Big Sisters Lone Star is headquartered in Irving, serving all of North Texas, the Greater Houston area, West Central Texas (Abilene and Stephenville) and Wichita County. bbbstx.org/lgbtq



DALLAS ECOSTS PROGRAM

The Dallas Early Childhood and Out of School Time Services (ECOSTS) program pays a portion of childcare expenses for working parents whose income falls within 80% of the area median income for a period up to 18 months.

dallascityhall.com/departments/community-care/Pages/childcareservices.aspx



DALLAS ISD HOMELESS EDUCATION PROGRAM*

The Dallas ISD Homeless Education Program establishes stability through academic support for children in transition in order to succeed in school. They connect families and students to resources to address identified needs including but not limited to basic needs such as: school uniforms school supplies, transportation, emergency food assistance, resources, and housing. They also collaborate with community organizations to provide training, basic needs items, and programming outside of the school year to students experiencing homelessness.

dallasisd.org/domain/109



DALLAS ISD SUPPORT SERVICES FOR LGBTQ YOUTH*

The goal of the department is to provide a safe and stable campus environment for all students enrolled in Dallas ISD including students identifying as LGBTQ+. The Department provides comprehensive competency training that will emphasize skills in creating a safe/stable environment along with training on how to interact/work with LGBTQ+/diverse populations. The Department seeks to equip Dallas ISD staff with the tools to address the issues and concerns of LGBTQ+ students. The Department will work with campuses to create safe spaces for LGBTQ students and allies. In partnership with community resources and Dallas departments, services will be provided to address the overall wellbeing of the student. The department aims to be a support to students, families, and staff of Dallas ISD. dallasisd.org/lgbtq



JOURNEYofHOPE
GRIEF SUPPORT CENTER

JOURNEY OF HOPE GRIEF SUPPORT CENTER

Journey of Hope Grief Support Center provides peer grief support groups to children, teens, young adults, and their families following a death. Journey also provides support groups for families who are navigating life with someone who has an advanced serious illness. Adult support groups are offered in English and Spanish. All support groups are offered free of charge. Families can join at any time in their grief journey. Journey also provides immediate and long-term community support for organizations that have experienced a death in the workplace or school. Peer grief support groups offer a safe, inviting space for children, teens, and adults to talk about grief emotions and thoughts, share memories, and discuss coping skills. johgriefsupport.org



RAINBOW DAYS

Rainbow Days provides social and emotional support to children and youth who are experiencing adversity and living in high-risk and homeless situations. rainbowdays.org

TRAUMA SUPPORT



DALLAS AREA RAPE CRISIS CENTER*

The Dallas Area Rape Crisis Center has a 24/7 Crisis Hotline and provides FREE one on one and group counseling to survivors of sexual assault and their loved ones. DARCC also offers hospital accompaniment, legal advocacy, and case management for victims of sexual assault. Community outreach opportunities including informational sessions and trainings for adults and youth. darcc.org



FAMILY PLACE*

Family Place empowers victims of family violence to lead lives free from abuse with free fully comprehensive services that are offered in English and Spanish. Services include: a 24 hour crisis hotline, emergency shelter, medical and dental clinics, animal shelter, legal services, community based counseling, and more. familyplace.org



NEW FRIENDS NEW LIFE

New Friends New Life empowers trafficked and sexually exploited teen girls, women and their children, and drives awareness of the issue and its prevalence. By providing access to education, childcare, job training, interim financial assistance, mental health and spiritual support, New Friends New Life helps women and their children overcome backgrounds of abuse, addiction, poverty and limited opportunities. newfriendsnewlife.org

RESOURCES FOR TRANS FOLKS



AMERICAN TRANS RESOURCE HUB

The American Trans Resource Hub provides transgender individuals the comfort and stability they seek during their social, medical and/or legal transition by providing helpful resources and by offering direct assistance with other issues that may arise: housing instability, loss of employment, and lack of health insurance. Programs include: virtual support groups, free binder services, and peer support programs. atrh.org



CHILDREN'S HEALTH

Children's Health provides comprehensive, gender-affirming care to transgender and gender-diverse youth in a supportive and safe environment so they may live fulfilling lives within their families and communities. Children's Health supports youth of all gender expressions and identities, and provides evidence-based, gender-affirming care in a supportive and safe environment. Their multidisciplinary team provides care that is individualized and developed through collaboration with patients and their families. Please note that while Children's Health provides gender affirming care, they do not perform gender affirming surgery. childrens.com



HOUSE OF REBIRTH

The House of Rebirth is a transformative housing initiative and community safe place led by Black trans people to assist Black trans women and Black trans communities affected by systemic and social oppression. House of Rebirth offers transitional housing and support services for Black trans women. They also offer community programs including: Therapy and Group Counseling, Muhlaysia's Closet, Entrepreneurial Skills Classes, Community Education/Study Groups, Movie Nights, Yoga & Holistic Health Training, and Safe Sex Supplies and STI Testing. houseofrebirth.org



TRANS-CENDENCE

Trans-cendence provides peer group support and support service connections to trans folks and allies as needed.

Meetings are held on Zoom for the following groups (please note that some items may be currently on hold. Check the website calendar for the most up to date meeting information):

- The trans-general meetings (Anyone can come) 1st Monday and 3rd Mondays
- SOFFA Meetings (Significant Others, Friends, Family, Allies) 1st Tuesday and 3rd Tuesdays
- Trans Male Meetings are 2nd Wednesdays
- Trans Post Op Meetings are 2nd Thursdays
- Non-Binary Meetings are 2nd and 4th Fridays
- Trans Teens Meetings Meet Discretely through Discord

transcendint.org



TRANS LIFELINE

Trans Lifeline is a trans led organization that connects trans people to the community, support, and resources they need to survive and thrive. Services include local trans resource finding tools and microgrants. Trans Life also has a peer support hotline (877-565-8860) run by trans people for trans and gender questioning peers, even if there is a not a crisis. As a caller you will have full anonymity and there is a no non-consensual active rescue policy in place. translifeline.org

OTHER RESOURCES



DALLAS HARM REDUCTION AID

Dallas Harm Reduction Aid is an organization that offers clean use supplies, Narcan, and Narcan training in the hopes of reducing the amount of overdoses and diseases spread through addiction. Dallas HRA also aims to change the negative stigma surrounding addiction through education and compassion. dallashra.com



DALLAS PUBLIC LIBRARY

Services include material check out, which includes: books, DVDs, CDs, audiobooks, laptops and mobile hotspots, downloadable music, films, and ebooks with a qualifying library card (must reside in the city of Dallas). Other services offered for free, no library card required are: tax preparation assistance, notary services, GED and English language learning, job seekers classes, community information, and more. dallaslibrary.org



FINDHELP.ORG

Find information about hundreds of free or reduced cost programs that offer food assistance, financial assistance, housing, healthcare, and more in your area including new programs for the COVID-19 pandemic. findhelp.org



HEALTHFORMS.US

HealthForms.us allows you to create and notarize healthcare documents entirely online. Available healthcare documents include: medical power of attorney, directive to physicians/living will, and durable power of attorney. Fill out your selected documents in minutes with an intuitive online form builder and schedule a remote online notary. Your signed and notarized documents are instantly emailed to you. healthforms.us



LEGAL AID OF NORTHWEST TEXAS*

Legal Aid of NorthWest Texas (LANWT) is a nonprofit law firm that provides civil legal assistance to low-income Texans. LANWT serves 114 counties in North and West Texas, and has offices in Abilene, Amarillo, Brownwood, Dallas, Denton, Fort Worth, Lubbock, McKinney, Midland, Odessa, Plainview, San Angelo, Waxahachie, Weatherford, and Wichita Falls.

LANWT attorneys, paralegals, and social workers help clients with cases involving landlord-tenant and housing issues, family law, consumer protection, domestic violence, public benefits, wills and estate planning, and youth rights involving access to education and other school-related issues. LANWT also has a special program that helps survivors of sexual assault.

To be eligible for legal services, applicants must meet financial and eligibility guidelines and have a civil legal issue within the 114-county service area. Visit www.lanwt.org to apply at your local office or fill out an application online, or call the Legal Aid Line at 888-529-5277 to speak with an attorney. lanwt.org



LGBT VETERAN CARE

The Department of Veterans Affairs (VHA) is committed to providing quality care to all Veterans inclusive of lesbian, gay, bisexual, transgender, and queer/questioning (LGBTQ+) Veterans. Services include: the LGBT Veteran Care Coordinator program, pre and post gender affirming surgery care assistance, affirmative psychotherapy services, and a longstanding LGBT Psychotherapy Group. northtexas.va.gov/services/lgbt/index.asp

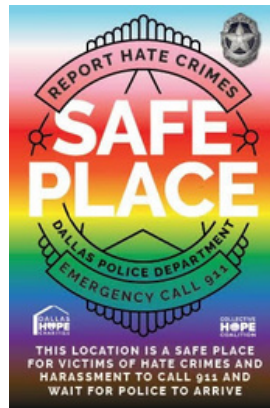


ONLINENOTARY.US

OnlineNotary.us lets you connect to a live notary public with your smartphone or computer webcam. Remote online notarization is a far safer and easier alternative to traditional in-person notary. No app download is needed, and you can be located anywhere in the world.

[onlinenotary.us](https://www.onlinenotary.us)

DALLAS SAFE PLACE PROGRAM



Collective Hope Coalition, Dallas Hope Charities, and the Dallas Police Department launched the Safe Place Program in June 2020 to make Dallas safer for LGBTQ+ community members. Modeled after the Seattle Police Department's Safe Place Program, this initiative encourages participating community members to report hate crimes and other acts of violence and to offer up their space as a safe place for victims to wait until help arrives. Registered Safe Places are also asked to open their space to people undergoing mental health crises until a medical or mental health professional intervenes, or the person feels safe leaving. The program helps to increase the confidence for victims to report crimes and to know they will be treated with respect, dignity, and care from the Safe Place locations and first responders.

If you are in need help and see a business, social organization, or educational center with the Safe Place sticker displayed, please take advantage of this program and the safe space being offered. Organizations cannot force you to stay until help arrives, but they have committed to making sure you have a place to recuperate until you feel comfortable re-entering the community. The city of Dallas stands with you and we hope that is made evident through this program.

If you have any questions about this program, please visit dallashopecharities.org.chc or email chc@dallashopecharities.org.

IMPORTANT PHONE NUMBERS

The Trevor Project Crisis Hotline

866-488-7386
or text "START" to 678-678

National Suicide Prevention Lifeline

800-273-8255

Español

888-628-9454

For hearing and speech impaired with TTY equipment

800-799-4889

National Child Abuse Hotline

800-422-4453

National Domestic Violence Hotline

800-799-7233

Trauma Support Services

972-709-4904

Dallas Area Rape Crisis Center Hotline

972-641-7273

Veterans Crisis Line

800-273-8255 press 1

Crisis Text Line

Text "HOME" to 741-741

North Texas Suicide and Crisis Hotline

214-828-1000

National Human Trafficking Hotline

1-888-373-7888 or
text "BeFree" to 233-733

Youth Crisis and Runaway Hotline

1-800-448-4663

211 Texas Resources Directory

Dial 211